

SUBJECT CARD

Faculty of Medicine and Health Sciences

Field of studies: Medicine

Form of studies: Full-time

Degree: long-cycle Master's program

Specializations: No specialization

Academic year: 2023/2024

PSYCHO-SOCIAL CONDITIONS OF BEHAVIOUR	
SUBJECT	Psycho-social conditions of behaviour
NUMBER OF ECTS POINTS	3
LANGUAGE OF INSTRUCTION	English
TEACHER(S)	Swetłana Mróz, PhD
PERSON RESPONSIBLE	Swetłana Mróz, PhD
NUMBER OF HOURS	
LECTURES	30 h
SEMINARS	15 h
GENERAL OBJECTIVES	
OBJECTIVE 1	The aim of the course is to familiarize students with the basics of psychology as a knowledge of human mental functioning during its development, as well as the specifics of this development. Additionally to acquaint students with the impact of the socio-cultural context on human functioning.
OBJECTIVE 2	To familiarize students with the biopsychosocial model of behaviour and to indicate the importance of this model as a holistic approach.
OBJECTIVE 3	Discuss the relevance of doctor-patient relationship and communication. An additional goal of this course is to equip students with basic knowledge enabling multi-layer understanding of themselves and partners during various interactions.
LEARNING OUTCOMES	
MK1	Knowledge: The student knows and understands the psychological basics of human development, normal and disturbed human behaviour.
MK2	Knowledge: The student knows and understands the relation between human and his social environment and mechanisms of human functioning in difficult situations.

PSYCHO-SOCIAL CONDITIONS OF BEHAVIOUR

MK3	Knowledge: The student knows and understands the stages of human mental development and regularities occurring at these stages.
MK4	Knowledge: The student knows and understands the concepts of emotions, stress, cognitive processes and personality disorders.
MK5	Knowledge: The student knows and understands the essence, structure and phenomena occurring in the communication process.
MK6	Knowledge: The student knows and understands the essence of teamwork and factors affecting effectiveness of team work.
MS1	Skills: Student is able to recognize normal, disturbed and pathological behaviours.
MS2	Skills: Student is able to assess human functioning in difficult situations (stress, trauma, mourning).
MS3	Skills: Student is able to identify errors and barriers in the process of communication.
MS4	Skills: Student is able to use verbal and non-verbal communication techniques and create conditions for proper communication with the patient and members of the treatment team.
MS5	Skills: Student demonstrates the ability to actively listen.
MC1	Social Competency: Student is ready to consult experts in case of difficulties with solving the problem by himself.
MC2	Social Competency: Student respects the dignity and autonomy of patients.

INTRODUCTORY REQUIREMENTS

There are no specific prerequisites.

COURSE PROGRAM

DETAILED DESCRIPTION OF THE TOPIC BLOCKS

LECTURE 1	Psychology as a science of human. Various psychological disciplines. Aims and functions of psychology.
LECTURE 2	Biological and evolutionary basis of behaviour.
LECTURE 3, 4	Factors determining human behaviour: cognitive processes, memory, learning, intelligence, research methods in psychology.
LECTURE 5	Emotions and their impact on human behaviour.
LECTURE 6	Physiological and psychological stress. Coping with stress.
LECTURE 7, 8, 9	Social processes, interpersonal relations.
LECTURE 10, 11, 12	Human development during its life. The development of family life. Mourning process.

PSYCHO-SOCIAL CONDITIONS OF BEHAVIOUR	
LECTURE 13, 14	Psychology of addiction and co-addiction.
LECTURE 15	Psychology of mental disorders.
SEMINAR 1	Explanation of the psychosocial term and linking this concept to health, illness and medicine.
SEMINAR 2, 3	Social communication: features of communication, mechanisms of social communication. Active listening. Assertiveness.
SEMINAR 4, 5	Doctor-patient relationship, social role of a doctor. Relationship and work with a somatically ill patients: psychological situation of somatically ill patients, coping with the disease, psychological aspects of patient relations. The patient's family perspective.
SEMINAR 6	Treatment team, desirable and undesirable features of a medical team, cooperation in a treatment team.
SEMINAR 7	The concept of empathy in medical profession.
DIDACTIC METHODS (APPLIED)	
	Lecturer presentations; Students presentations; Seminar discussions; Group work; Case studies and exercises; Film analysis.
STUDENTS WORKLOAD	
NUMBER OF HOURS UNDER SUPERVISION	45 hours
NUMBER OF PREPARATION HOURS	Preparation for classes: 5 hours Preparation of report, presentation: 20 hours Preparation for the exam: 20 hours
TOTAL NUMBER OF HOURS FOR THE COURSE	90 hours
CONDITIONS FOR COURSE COMPLETION	
LECTURE	Attendance is obligatory. Passing the exam.
SEMINAR	Attendance: any absence requires individual exam from missed seminar. Development of presentation content, and presentation to the lecturer and group. Active participation during seminars.
METHODS OF ASSESMENT	
IN TERMS OF KNOWLEDGE	Single choice test. Multimedia presentation.
IN TERMS OF SKILLS	Active participation during seminars.

PSYCHO-SOCIAL CONDITIONS OF BEHAVIOUR

IN TERMS OF SOCIAL COMPETENCY	Active participation during seminars. Observation and discussion within the group.
FORMATIVE	Not applicable.
SUMMATIVE (I & II)	<p>I term (EXAM): Final test, single choice, 23 questions.</p> <p>II term (RETAKE EXAM): Final test, single choice, 23 questions.</p>

GRADING SCALE

3,0 (SATISFACTORY)	Regular attendance, preparing presentation. Final test: 50% +1 correct answers.
3,5 (SATISFACTORY PLUS)	Regular attendance, preparing presentation. Final test: 65% correct answers.
4,0 (GOOD)	Regular attendance, preparing presentation. Final test: 75% correct answers.
4,5 (GOOD PLUS)	Regular attendance, preparing presentation. Final test: 85% correct answers.
5,0 (VERY GOOD)	Regular attendance, preparing presentation. Final test: 90% correct answers.

BASIC LITERATURE

[1] Gerrig R.J., Zimbardo P. - Psychology and Life, 2001, Allyn & Bacon; 16 edition.

SUPPLEMENTARY LITERATURE

- [1] Kübler-Ross E. - On death and dying, 1969, New York;
 [2] Salmon P. - Psychology of Medicine and Surgery: A Guide for Psychologists, Counsellors, Nurses and Doctors, 2001;
 [3] Snyder C. R. - Coping with Stress: Effective People and Processes, 2001, New York.