## **SUBJECT CARD**

Faculty of Medicine and Health Sciences
Field of studies: Medicine
Form of studies: Full-time

Degree: long-cycle Master's program Specializations: No specialization

Academic year: 2022/2023

PSYCHIATRICS			
SUBJECT	Psychiatrics		
NUMBER OF ECTS POINTS	5		
LANGUAGE OF INSTRUCTION	English		
TEACHER(S)	Łukasz Cichocki, MD, PhD Anna Depukat, MD Tomasz Ptak, MD Przemysław Wierzbicki, MD Daria Zielińska, MD Jacek Kowaleczko, MD Katarzyna Pragnący, MD Psychologist Jacek Kraus		
PERSON RESPONSIBLE	Łukasz Cichocki, MD, PhD		
	NUMBER OF HOURS		
LECTURES	6 h		
CLASSES	45 h		
SEMINARS	10 h		
	GENERAL OBJECTIVES		
OBJECTIVE 1	The aim of the course is to transfer theoretical knowledge and practical psychiatric examination skills, diagnosing basic groups of mental disorders and diseases; the ability to make decisions about the place and method of treatment of a patient with psychiatric disorders and diseases; the ability to continue maintenance treatment recommended by a specialist as a part of general practitioner practice; knowledge of the basic principles of treatment of mental disorders and diseases		
LEARNING OUTCOMES			
MK1	<b>Knowledge:</b> Student presents the general symptomatology of mental disorders and the rules for their classification according to the main classification systems.		

PSYCHIATRICS		
MK2	<b>Knowledge:</b> Student describes symptoms, justifies the principles of diagnosing and therapeutic treatment in the most common mental diseases and disorders.	
MK3	<b>Knowledge:</b> Student makes a plan and understands the basic principles of pharmacotherapy in psychiatry in children, adults and the elderly.	
MK4	<ul> <li>Knowledge: Student recognizes symptoms, justifies the principles of diagnosing and therapeutic treatment in the most common mental illnesses, including:</li> <li>a) Schizophrenia;</li> <li>b) anxiety disorders and phobias, dissociative disorders, adaptive disorders;</li> <li>c) in anorexia and bulimia;</li> <li>d) mental disorders caused by alcohol abuse, psychoactive substances and medicines;</li> <li>e) personality disorders;</li> <li>f) forensic psychiatry (basic issues);</li> <li>g) mental disorders in children and adolescents.</li> </ul>	
MS1	<b>Skills:</b> Student plans diagnostic, therapeutic and preventive procedures.	
MS2	<b>Skills:</b> Student analyses possible adverse symptoms of medicines and interactions between them.	
MS3	<b>Skills:</b> Student proposes individualization of existing therapeutic guidelines and other treatments in case of ineffectiveness or contraindications to standard therapy.	
MS4	<b>Skills:</b> Student conducts differential diagnosis of the most common diseases in adults and children.	
MS5	Skills: Student plans a specialist consultation.	
MC1	<b>Social competency:</b> Shaping the ability to communicate with the patient - following the patient's well-being and obeying patient's rights.	
MC2	<b>Social competency:</b> Shaping the right attitude towards the patient - willingness to further, systematic training.	
MC3	<b>Social competency:</b> Student abides by the physician- patient privilege and patient right; is aware of his/her own limitations; the ability to train systematically.	
	INTRODUCTORY REQUIREMENTS	

## INTRODUCTORY REQUIREMENTS

- [1] Knowledge of the basics of psychiatry (descriptive psychopathology and psychopathological syndromes, classification of mental disorders);
- [2] Ability to establish a relationship with the patient;
- [3] Ability to conduct an interview and assess the psychopathological state.

PSYCHIATRICS PSYCHIATRICS		
COURSE PROGRAM	DETAILED DESCRIPTION OF THE TOPIC BLOCKS	
LECTURE 1	General psychopathology, the basics of psychiatric classification, elements of forensic psychiatry.	
LECTURE 2	Selected issues of child and adolescent psychiatry. Autism. Anorexia and bulimia.	
CLASS 1	Case study and presentation of a patient with mental disorders. Psychiatric examination of patients conducted by students.	
CLASS 2	Case study and presentation of a patient with affective disorders. Psychiatric examination of patients conducted by students.	
CLASS 3	Case study and presentation of a patient with psychotic disorders. Psychiatric examination of patients conducted by students.	
CLASS 4	Case study and presentation of a patient with personality disorders. Psychiatric examination of patients conducted by students.	
CLASS 5	Case study and presentation of a patient with mental disorders caused by the abuse of psychoactive substances . Psychiatric examination of patients conducted by students.	
CLASS 6	Case study and presentation of a patient with organic mental disorders. Psychiatric examination of patients conducted by students.	
CLASS 7	Case study and presentation of the patient in the context of environmental psychiatry centres. Psychiatric examination of patients conducted by students.	
CLASS 8	Case study and presentation of a child/ adolescent patient in the context of outpatient treatment. Psychiatric examination of patients conducted by students.	
CLASS 9	Case study and presentation of a child/ adolescent patient in the context of inpatient treatment. Psychiatric examination of patients conducted by students.	
SEMINAR 1	Psychotic disorders with a particular focus on schizophrenic disorders.	
SEMINAR 2	Affective disorders - clinical picture, diagnosing, treatment.	
SEMINAR 3	Organic mental disorders, the specificity of mental disorders in the elderly.	
SEMINAR 4	Mental disorders caused by alcohol abuse, psychoactive substances and drugs. Behavioral addictions.	
SEMINAR 5	Personality disorders and anxiety disorders - clinical picture, diagnosing, treatment.	

PSYCHIATRICS		
DIDACTIC METHODS (APPLIED)		
	Working in groups, Case study, Multimedia presentations, Teaching at the bedside of the patient.	
STUDENTS WORKLOAD		
NUMBER OF HOURS UNDER SUPERVISION	61 hours	
NUMBER OF PREPARATION HOURS	Preparation for classes: 10 hours Elaboration of the results: 4 hours Preparation of report, project, presentation, discussion: 1 hour	
TOTAL NUMBER OF HOURS FOR THE COURSE	76 hours	

## CONDITIONS FOR COURSE COMPLETION

Attendance at all lectures, classes and seminars is obligatory. One absence allowed.

The condition for admission to the exam is passing the classes and/or seminars. Positive assessment of practical skills.

METHODS OF ASSESMENT		
IN TERMS OF KNOWLEDGE	Multiple-choice test; Oral exam.	
IN TERMS OF SKILLS	Practical exam	
IN TERMS OF SOCIAL COMPETENCY	Activity in class, observation of behaviour towards patients, Fellow, assessment of work in the group.	
FORMATIVE	Case assessment, continuous assessment of knowledge in practical classes.	
SUMMATIVE (I & II TERMS)	I term (EXAM): Multiple choice test - 50 questions  II term (RETAKE EXAM): Oral exam - 3 questions (scored from 0 - 5)	
GRADING SCALE		
3,0 (SATISFACTORY)	30 points (test) 6 - 7 points (oral exam)	
3,5 (SATISFACTORY PLUS)	31 - 35 points (test) 8 - 9 points (oraz exam)	
4,0 (GOOD)	36 - 40 points (test) 10 - 11 points (oral exam)	

PSYCHIATRICS		
4,5 (GOOD PLUS)	41 - 45 points (test) 12 - 13 points (oral exam)	
5,0 (VERY GOOD)	46 points and more (test) 14 - 15 points (oral exam)	
BASIC LITERATURE		
[1] Kaplan & Sadock's Concise Textbook of Clinical Psychiatry.		

## SUPPLEMENTARY LITERATURE

- [1] "Byłam po drugiej stronie lustra" A. Lauveng;[2] "Poznanie chorego" A. Kępiński.